

CHOICE – *Conversations With The Family Of A Child*

1. Individuals identify their needs, wants, likes and dislikes.
2. Individuals make major life decisions.
3. Individuals make decisions regarding everyday matters.
4. Individuals have a major role in choosing the providers of their services and supports.
5. Individuals' service and supports change as wants, needs and preferences change.

Quick Guide

- If he/she could choose what to do all day long, what would he/she choose?
- What kinds of choices does he/she get to make?
- What are some of the things that he/she doesn't like to do?
- Are there ways to tell what he/she dislikes?
- What kinds of support does he/she need in daily life?
- Are those things written into his/her Individual Program Plan (IPP)?
- Were you included in the IPP planning process?
- How did the IPP planning team find out about his/her support needs?
- What kinds of services and supports does he/she get from you and others?
- Have there been any changes in his/her supports? If so, who made those decisions? Were you included in those decisions?
- What are your hopes and dreams for him/her?

YOUR NOTES

RELATIONSHIPS – *Conversations With The Family Of A Child*

6. Individuals have friends and caring relationships.
7. Individuals build community supports which may include family, friends, service providers/professionals and other community members.

Quick Guide

- What kinds of opportunities does he/she have for seeing friends?
- Do you have the support needed for helping him/her make contacts with friends on a regular basis?
- Does he/she have opportunities to meet new friends?
- Do you have a formal or informal support group?

YOUR NOTES

LIFESTYLE – *Conversations With The Family Of A Child*

8. Individuals are part of the mainstream of community life and live, work and play in integrated environments.
9. Individuals' lifestyles reflect their cultural preferences.
10. Individuals are independent and productive.
11. Individuals have stable living arrangements.
12. Individuals are comfortable where they live.
13. Children live in homes with families.

Quick Guide

- What is his/her basic method of communication?
 - Does he/she need an adaptive device in order to communicate or to do other things (e.g., wheelchair)?
 - What kinds of opportunities does he/she have for learning to be more independent?
 - What kinds of everyday life activities does he/she do on his/her own?
- What is his/her primary language? Does he/she have someone to talk to in this language?
- Does he/she have any religious or cultural preferences? If so, how are they a part of his/her everyday life?
- What kinds of things does he/she do in this community? Are there things that he/she would like to do or that you would like him/her to do? If so, why not?
- Can he/she live here as long as he/she wants?
- Any reasons he/she would have to move?
- Has he/she had to change living arrangements in the past year? Why?

YOUR NOTES

HEALTH & WELL BEING – *Conversations With The Family Of A Child*

14. Individuals are safe.
15. Individuals have the best possible health.
16. Individuals know what to do in the event of threats to health, safety and well-being.
17. Individuals have access to needed health care.

Quick Guide

- What are the safety features of this home?
- Is the home accessible for him/her?
- Does he/she have opportunities to exercise?
- Is he/she healthy most of the time?
- What are your health concerns about him/her?
- Any prescribed medicine?
- Have you received training and support about what to do in an emergency?
- Does he/she have a regular doctor? dentist?
- Does he/she have health services?
- Are there health services that he/she needs that are not available?

YOUR NOTES

RIGHTS – *Conversations With The Family Of A Child*

18. Individuals exercise rights and responsibilities.
19. Individuals are free from abuse, neglect and exploitation.
20. Individuals are treated with dignity and respect.
21. Individuals receive appropriate generic services and supports.
22. Individuals have advocates and/or access to advocacy services.

Quick Guide

- Do you know the rights that you have as a parent?
- What about the rights of this child?
- How do you keep him/her safe from abuse, neglect or exploitation?
- Does he/she need training or support on what to do if he/she is harmed by someone else?
- Do you have a service coordinator to whom you can talk if you have problems?
- How is he/she treated by others in this community? by other people who provide services and supports?
- Does he/she receive Social Security and/or Medicaid/ Medi-Cal/IHSS benefits? If not, why?
- Does he/she have access to the same local community services as others? What are they?
- Do you have information about how to advocate for him/her?

YOUR NOTES

SATISFACTION – *Conversations With The Family Of A Child*

- 23. Individuals achieve personal goals.
- 24. Individuals are satisfied with services and supports.
- 25. Individuals are satisfied with their lives.

Quick Guide

- What are some of the things that he/she has done in the last year that you're proud of?

- Has he/she reached any goals that you have had for him/her the last year? If not, what would help most?

- What ways do you have of knowing that he/she is happy with the services and supports that he/she receives?

- Do you think that he/she is happy with his/her life right now? If not, what could be better?

- Are you happy with the way things are going for him/her? If not, what could be better?

- Is he/she better off, about the same or worse off than last year? What could be better?

- Are there other things that we haven't talked about in the life of this person that you would like to mention?

YOUR NOTES